

Adorni Center Membership Includes:

Cardio & Weight Training Equipment:

- Treadmills
- Ellipticals
- Stairmasters
- Life Cycles (uprights & recumbents)
- Rowing machine
- Weight machines
- Dumbbells, Kettle bells, Medicine balls
- Resistance bands

Additional Amenities:

- **NEW**—Membership now includes free use of the Conference Room for 2 hours per year. Host your next meeting, party or celebration on the bay.
-  **Waterfront View**
- **FREE** Personal Trainers
- Unlimited Group Fitness Classes
- Basketball Court
- Member Locker Rooms
- Stretch Area (facing the bay)

OCTOBER

Adorni Membership Special

NO INITIATION FEE FOR NEW MEMBERS!

Hurry in to take advantage of this membership special by signing up October 1–30, 2012.

For more info.
call 441-4248.

Adorni Fitness Center

Cardio • Classes • Weights

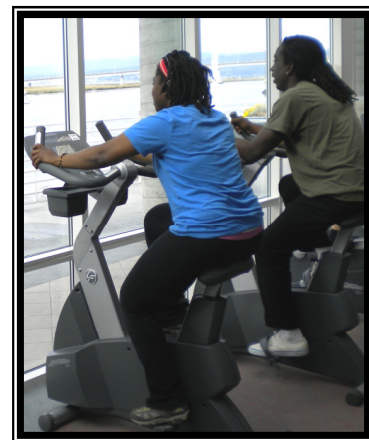
The **Adorni Fitness Center** is a complete workout facility providing programs designed to get you active now and keep you active for many years to come. Our unique combination of personal attention, individualized exercise programs and all the extras make the Adorni Center the choice for your **fitness success!**

ATTAIN & SUSTAIN YOUR FITNESS GOALS TODAY!

Group Fitness Classes are a big part of what makes the Adorni Fitness Center so special. We believe that an exercise class can be fun and a great workout, too! Our wide variety of class options range from the moderate intensity you'll find in Zumba Gold, Light & Lively Aerobics and Yoga for Stiff People...to the more challenging Sweat it Out and Camp Chizzel.

GROUP FITNESS CLASSES:

Zumba® ■ Sweat it Out ■ Core Bonus ■
Sweat & Strength ■ Beginning Meditation ■
Yoga for Stiff People ■ Inspired Yagalates ■
Cardio Circuit ■ Power Walk ■ Zumba® Gold ■
Camp Chizzel Body Sculpt ■ Light & Lively ■
Cardio Kettlebell Circuit ■ Vinyasa Yoga ■
Zumba® Toning ■ Yoga for Self-Healing ■



Adorni Family Memberships

An Adorni Center Family Membership offers you and your family so many options for getting fit and having fun! Join us today and workout on the waterfront!

**Be active!
Have fun!
Visit us today!**



Open Gym Drop-in Basketball

Come join in on **pick-up basketball games** or stop by to just shoot some hoops. Open gym times vary, so pick up a monthly schedule or visit eurekarecreation.com.

18 & Over: Bring your photo ID & \$2 to play.

17 & under: Need a liability waiver (signed by a parent or legal guardian) on file prior to participating & \$1.25 to play.



Register online at www.eurekarecreation.com.